

MOST Medical Orders for Scope of Treatment

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What is the MOST Form?

- A legal document that translates patient's healthcare preferences into medical orders, adopted in KY in 2015
- A portable medical order – must be honored by any health care provider, including EMS
- Intended for patients who have:
 - an advanced chronic progressive illness and/or
 - a life expectancy of less than one year

Statutory Requirements

- Completed by physicians in conversation with patient and/or surrogate AND documented in the medical record the basis of the form and mode of communication
- Physician should discuss the patient's current medical condition, prognosis, and treatment options, including life-sustaining medical interventions with patient and/or surrogate
- **Must** contain original physician signature
 - Form is good for one year
 - May be signed by patient, surrogate or responsible party
 - Patient/surrogate signature may be faxed or scanned
 - Patient **must** retain and present original form to be valid

Statutory Requirements

- In Kentucky- must be the original on pink paper with red ink around sections A and B.
- Review form when:
 - Patient is admitted/discharged from a health care facility,
 - There is substantial change in patient's condition, or
 - Patient's treatment preferences change
- Patient, surrogate or responsible party may change or revoke MOST form at any time
- Patients are not required to complete the MOST (form is voluntary)

Statutory Requirements

- If healthcare preferences in the MOST form are inconsistent with preferences stated in a previously completed advance directive (i.e., KY Living Will), patient **must** revoke advance directive to complete MOST
 - If a conflict exists between an advance directive and the MOST form, the advance directive prevails, per KY statute

If a patient presents a MOST Form

- Confirm with patient/surrogate that form is still consistent with patient's wishes, has a valid signature and date on it
- Notify attending physician about the presence of the MOST and receive orders
- If form is valid:
 - Honor wishes on the form as medical orders, immediately
 - Attending physician must enter medical orders consistent with the MOST form within 24 hours
- If annual revision date has passed:
 - Attending physician must enter medical orders consistent with the patient's wishes (form is used for reference rather than as a medical order)

Interpreting a MOST Form

- If any portion of the form is left blank, it is interpreted as preference for FULL treatment under that section
- If a physician or healthcare facility cannot comply with the orders on the MOST form due to policy or personal ethics, the physician must arrange for transfer of the patient to another physician or healthcare facility

HIPAA PERMITS DISCLOSURE OF MOST TO OTHER HEALTH CARE PROFESSIONALS AS NECESSARY			
MOST Medical Orders for Scope of Treatment		Patient's Last Name: _____	Effective Date of Form: _____ <small>Form must be reviewed at least annually.</small>
This document is based on this person's medical condition and wishes. Any section not completed indicates a preference for full treatment for that section.		Patient's First Name, Middle Initial: _____	Patient's Date of Birth: _____
Section A <small>Check One Box Only</small>	CARDIOPULMONARY RESUSCITATION (CPR): PERSON HAS NO PULSE AND IS NOT BREATHING. <input type="checkbox"/> Attempt Resuscitation (CPR) <input type="checkbox"/> Do Not Attempt Resuscitation When not in cardiopulmonary arrest, follow orders in B, C, and D.		
Section B <small>Check One Box Only</small>	MEDICAL INTERVENTIONS: PERSON HAS PULSE OR IS BREATHING. <input type="checkbox"/> Full Scope of Treatment: Use intubation, advanced airway interventions, mechanical ventilation, defibrillation or cardioversion as indicated, medical treatment, IV fluids, and provide comfort measures. Transfer to a hospital if indicated. Includes intensive care. Treatment Plan: Full treatment including life support measures. <input type="checkbox"/> Limited Additional Intervention: Use medical treatment, oral and IV medications, IV fluids, cardiac monitoring as indicated, non-invasive bi-level positive airway pressure, a bag valve mask, and comfort measures. Do not use intubation or mechanical ventilation. Transfer to hospital if indicated. Avoid intensive care. Treatment Plan: Provide basic medical treatments. <input type="checkbox"/> Comfort Measures: Keep clean, warm and dry. Use medication by any route. Positioning, wound care and other measures to relieve pain and suffering. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. Do not transfer to hospital unless comfort needs cannot be met in the patient's current location (e.g. hip fracture). Other Instructions: _____		
Section C <small>Check One Box Only</small>	ANTIBIOTICS <input type="checkbox"/> Antibiotics if indicated for the purpose of maintaining life <input type="checkbox"/> Determine use or limitation of antibiotics when infection occurs. <input type="checkbox"/> Use of antibiotics to relieve pain and discomfort. <input type="checkbox"/> No Antibiotics (use other measures to relieve symptoms). Other instructions: _____		
Section D <small>Check One Box Only in Each Column</small>	MEDICALLY ADMINISTERED FLUIDS AND NUTRITION: the provision of nutrition and fluids, even if medically administered, is a basic human right and authorization to deny or withdraw shall be limited to the patient, the surrogate in accordance with KRS 311.629, or the responsible party in accordance with KRS 311.631. <input type="checkbox"/> Long term IV fluids if indicated <input type="checkbox"/> Long term feeding tube if indicated <input type="checkbox"/> IV fluids for a defined trial period. Goal: _____ <input type="checkbox"/> Feeding tube for a defined trial period. Goal: _____ <input type="checkbox"/> No IV fluids (provide other measures to ensure comfort) <input type="checkbox"/> No feeding tube Special instructions: _____		
Section E <small>Check The Appropriate Box</small>	Patient Preferences as a Basis for This MOST Form: Basis for order must be documented in medical record. <input type="checkbox"/> Adult Patient with decisional capacity <input type="checkbox"/> Spouse <input type="checkbox"/> Parent/guardian of minor patient <input type="checkbox"/> Majority of patient's reasonably available adult children <input type="checkbox"/> Surrogate per advance directive <input type="checkbox"/> Parent <input type="checkbox"/> Judicially appointed guardian/durable power of attorney with power to make health care decisions <input type="checkbox"/> Majority of patient's reasonably available nearest living relatives of same relation Directions were given: <input type="checkbox"/> Orally <input type="checkbox"/> Written <input type="checkbox"/> Patient does not have an advance medical directive such as a living will or health care power of attorney. <input type="checkbox"/> Patient has an advance medical directive such as a living will or health care power of attorney in place. I certify this form is in accordance with the decisions in the current advance medical directive. Name: Printed: _____ Position: _____ Signature: _____		
I agree that adequate information has been provided and significant thought has been given to decisions outlined in this form. Treatment preferences have been expressed to the physician (MD/DO). This document reflects those treatment preferences and indicates informed consent. If signed by a patient, surrogate or responsible party, preferences expressed must reflect patient's wishes as best understood by that surrogate or responsible party. You are not required to sign this form to receive treatment.			
Patient, Surrogate or Responsible Party: _____		Signature: _____	
Health Care Professional Preparing Form: Print Name _____		Relationship: Contact # _____	
Health Care Professional Preparing Form: Signature _____		Preferred Phone # _____ Date Prepared: _____	
Physician Signature _____		Physician (Print Name) _____ Physician Contact Number _____	
SEND FORM WITH PATIENT/RESIDENT WHEN TRANSFERRED OR DISCHARGED			

INFORMATION FOR PATIENT, SURROGATE OR RESPONSIBLE PARTY OF PATIENT NAMED ON THIS FORM				
<ul style="list-style-type: none"> The MOST form is always voluntary and is usually for persons with advanced illness. MOST records your wishes for medical treatment in your current state of health. The provision of nutrition and fluids, even if medically administered, is a basic human right and authorization to deny or withdraw shall be limited to the patient, the surrogate in accordance with KRS 311.629, or the responsible party in accordance with KRS 311.631. Once initial medical treatment is begun and the risks and benefits of further therapy are clear, your treatment wishes may change. Your medical care and this form can be changed to reflect your new wishes at any time. However, no form can address all the medical treatment decisions that may need to be made. An advance directive, such as the Kentucky Health Care Power of Attorney, is recommended for all capable adults, regardless of their health status. An advance directive allows you to document in detail your future health care instructions or name a surrogate to speak for you if you are unable to speak for yourself, or both. If there are conflicting directions between an enforceable living will and a MOST form, the provisions of the living will shall prevail. 				
DIRECTIONS FOR COMPLETING AND IMPLEMENTING FORM				
COMPLETING MOST				
<ul style="list-style-type: none"> MOST must be reviewed, prepared and signed by the patient's physician in personal communication with the patient, the patient's surrogate or responsible party. MOST must be reviewed and contain the original signature of the patient's physician to be valid. Be sure to document the basis in the progress notes of the medical record. Mode of communication (e.g., in person, by telephone, etc.) should also be documented. The signature of the patient, surrogate or a responsible party is required; however, if the patient's surrogate or a responsible party is not reasonably available to sign the original form, a copy of the completed form with the signature of the patient's surrogate or a responsible party must be signed by the patient's physician and placed in the medical record. Use of original form is required. Be sure to send the original form with the patient. There is no requirement that a patient have a MOST. 				
IMPLEMENTING MOST				
<ul style="list-style-type: none"> If a health care provider or facility cannot comply with the orders due to policy or personal ethics, the provider or facility must arrange for transfer of the patient to another provider or facility. 				
REVIEWING MOST				
This MOST must be reviewed at least annually or earlier if:				
<ul style="list-style-type: none"> The patient is admitted and/or discharged from a health care facility; There is a substantial change in the patient's health status; or The patient's treatment preferences change. If MOST is revised or becomes invalid, draw a line through sections A – E and write "VOID" in large letters. 				
REVOCAION OF MOST				
This MOST may be revoked by the patient, the surrogate or the responsible party.				
Review of MOST				
Review Date	Reviewer and Location of Review	MD/DO Signature (Required)	Signature of Patient, Surrogate or Responsible Party (Required)	Outcome of Review, describing the outcome in each row by selecting one of the following:
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form
SEND FORM WITH PATIENT/RESIDENT WHEN TRANSFERRED OR DISCHARGED				

Shown in white for readability in this presentation. Only pink is acceptable for an original order.

Section A:

HIPAA PERMITS DISCLOSURE OF MOST TO OTHER HEALTH CARE PROFESSIONALS AS NECESSARY		
<p style="text-align: center;"><u>MOST</u></p> <p style="text-align: center;"><u>Medical Orders for Scope of Treatment</u></p> <p>This document is based on this person's medical condition and wishes. Any section not completed indicates a preference for full treatment for that section.</p>	Patient's Last Name:	Effective Date of Form: _____ Form must be reviewed at least annually
	Patient's First Name, Middle Initial:	Patient's Date of Birth:
Section A <i>Check One Box Only</i>	CARDIOPULMONARY RESUSCITATION (CPR): PERSON HAS NO PULSE AND IS NOT BREATHING. <input type="checkbox"/> Attempt Resuscitation (CPR) <input type="checkbox"/> Do Not Attempt Resuscitation When not in cardiopulmonary arrest, follow orders in B, C, and D.	

CPR: Person has no pulse and is not breathing.

- CPR indicates chest compressions & ACLS procedures including defibrillation/intubation with resultant ventilator support.

Section B:

<p>Section B</p> <p><i>Check One Box Only</i></p>	<p>MEDICAL INTERVENTIONS: PERSON HAS PULSE OR IS BREATHING.</p> <ul style="list-style-type: none"><input type="checkbox"/> Full Scope of Treatment: Use intubation, advanced airway interventions, mechanical ventilation, defibrillation or cardioversion as indicated, medical treatment, IV fluids, and provide comfort measures. <u>Transfer to a hospital if indicated.</u> Includes intensive care. Treatment Plan: Full treatment including life support measures.<input type="checkbox"/> Limited Additional Intervention: Use medical treatment, oral and IV medications, IV fluids, cardiac monitoring as indicated, non-invasive bi-level positive airway pressure, a bag valve mask, and comfort measures. Do not use intubation or mechanical ventilation. <u>Transfer to hospital if indicated.</u> Avoid intensive care. Treatment Plan: Provide basic medical treatments.<input type="checkbox"/> Comfort Measures: Keep clean, warm and dry. Use medication by any route. Positioning, wound care and other measures to relieve pain and suffering. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. <u>Do not transfer to hospital unless comfort needs cannot be met in the patient's current location (e.g. hip fracture).</u> <p><i>Other Instructions</i> _____</p>
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Person has pulse or is breathing.

- **Full treatment:** Goal is to prolong life by all medically effective means.
- **Limited Additional Interventions:** Goal is to provide basic medical treatment.
- **Comfort Measures:** Goal is maximizing comfort with every intervention weighed against the potential to cause/alleviate discomfort.

Section B:

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Person has pulse or is breathing.

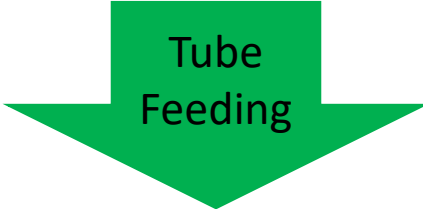
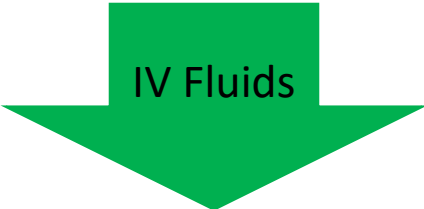
- **Full treatment:** Goal is to prolong life by all medically effective means.
- **Limited Additional Interventions:** Goal is to provide basic medical treatment.
- **Comfort Measures:** Goal is maximizing comfort with every intervention weighed against the potential to cause/alleviate discomfort.

Section C:

Section C <i>Check One Box Only</i>	ANTIBIOTICS <input type="checkbox"/> Antibiotics if indicated for the purpose of maintaining life <input type="checkbox"/> Determine use or limitation of antibiotics when infection occurs. <input type="checkbox"/> Use of antibiotics to relieve pain and discomfort. <input type="checkbox"/> No Antibiotics (use other measures to relieve symptoms). <i>Other instructions:</i> _____ _____ _____
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- 1st box - No limitations
- 2nd box - Determine use or limitation – patient may want antibiotic tx for some infections & not others, such as UTI, but not pneumonia. Limitations should be written in instructions.
- 3rd box for comfort use only
- 4th box for no antibiotics.
- Opportunity for patient/responsible person teaching:
 - Understand antibiotics are optional
 - Discuss benefits and burdens of antibiotic usage (route, side effects, outcomes)
 - Discover option of comfort med use, such as antipyretics, analgesics, etc.

Section D:



Section D <i>Check One Box Only in Each Column</i>	MEDICALLY ADMINISTERED FLUIDS AND NUTRITION: the provision of nutrition and fluids, even if medically administered, is a basic human right and authorization to deny or withdraw shall be limited to the patient, the surrogate in accordance with KRS 311.629, or the responsible party in accordance with KRS 311.631.					
	<table><tr><td><input type="checkbox"/> Long term IV fluids if indicated</td><td><input type="checkbox"/> Long term feeding tube if indicated</td></tr><tr><td><input type="checkbox"/> IV fluids for a defined trial period. Goal: _____</td><td><input type="checkbox"/> Feeding tube for a defined trial period. Goal: _____</td></tr><tr><td><input type="checkbox"/> No IV fluids (provide other measures to ensure comfort)</td><td><input type="checkbox"/> No feeding tube</td></tr></table> <p><i>Special instructions</i> _____</p>	<input type="checkbox"/> Long term IV fluids if indicated	<input type="checkbox"/> Long term feeding tube if indicated	<input type="checkbox"/> IV fluids for a defined trial period. Goal: _____	<input type="checkbox"/> Feeding tube for a defined trial period. Goal: _____	<input type="checkbox"/> No IV fluids (provide other measures to ensure comfort)
<input type="checkbox"/> Long term IV fluids if indicated	<input type="checkbox"/> Long term feeding tube if indicated					
<input type="checkbox"/> IV fluids for a defined trial period. Goal: _____	<input type="checkbox"/> Feeding tube for a defined trial period. Goal: _____					
<input type="checkbox"/> No IV fluids (provide other measures to ensure comfort)	<input type="checkbox"/> No feeding tube					

Medically administered fluids and nutrition

- Only pertains to a patient who CANNOT take fluids and/or nutrition by mouth.
- Oral fluids & nutrition should always be offered to a patient if medically feasible.
- Each column needs to be addressed & marked – left blank may result in long term treatment.

Section E:

<p>Section E</p> <p><i>Check The Appropriate Box</i></p> <p><i>Directions were given:</i></p> <p><input type="checkbox"/> Orally</p> <p><input type="checkbox"/> Written</p>	<p>Patient Preferences as a Basis for This MOST Form:</p> <p><i>Basis for order must be documented in medical record.</i></p> <p><input type="checkbox"/> Patient does not have an advance medical directive such as a living will or health care power of attorney.</p> <p><input type="checkbox"/> Patient has an advance medical directive such as a living will or health care power of attorney in place. I certify this form is in accordance with the decisions in the current advance medical directive.</p> <p>Name: Printed: _____ Position: _____ Signature: _____</p>	<p><input type="checkbox"/> Adult Patient with decisional capacity</p> <p><input type="checkbox"/> Parent/guardian of minor patient</p> <p><input type="checkbox"/> Surrogate per advance directive</p> <p><input type="checkbox"/> Judicially appointed guardian/durable power of attorney with power to make health care decisions</p> <p><input type="checkbox"/> Spouse</p> <p><input type="checkbox"/> Majority of patient's reasonably available adult children</p> <p><input type="checkbox"/> Parent</p> <p><input type="checkbox"/> Majority of patient's reasonably available nearest living relatives of same relation</p>
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- Patient Preferences as a basis for the MOST form:
 - Who was involved
 - How directions were given
 - Physician to document the basis in the progress notes in the patients medical record including the mode of communication (in person, by telephone, etc)

Signature Box

I agree that adequate information has been provided and significant thought has been given to decisions outlined in this form. Treatment preferences have been expressed to the physician (MD/DO). This document reflects those treatment preferences and indicates informed consent. <i>If signed by a patient, surrogate or responsible party, preferences expressed must reflect patient's wishes as best understood by that surrogate or responsible party. You are not required to sign this form to receive treatment.</i>			
Patient, Surrogate or Responsible Party:	Signature:	Relationship: Contact #:	
Health Care Professional Preparing Form: Print Name	Health Care Professional Preparing Form: Signature	Preferred Phone #:	Date Prepared:
Physician Signature	Physician (Print Name)	Physician Contact Number	
SEND FORM WITH PATIENT/RESIDENT WHEN TRANSFERRED OR DISCHARGED			